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**HELP FOR ROOMERS, BOARDERS AND HOMELESS PERSONS  
A DIRECTORY FOR ONTARIO**



**HELP FOR ROOMERS,  
BOARDERS AND HOMELESS PERSONS**

**A DIRECTORY FOR ONTARIO**

Prepared by the  
Ontario Task Force on Roomers  
Boarders and Lodgers for the  
Honourable Alvin Curling  
Minister of Housing

December 9, 1986



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## INTRODUCTION

In a province as large and diverse as Ontario, "finding out what is going on", getting help of the right kind, and "staying in touch" are constant concerns. This directory is intended to help three different groups of people who are interested in rooming, boarding and lodging accommodation across the province.

First, are roomers and boarders themselves. The information here is presented in a way that seeks to meet their needs as a priority. Most important are how to find housing and food, then advice on problems.

Second, are different groups which are trying to improve the situation of roomers, boarders and lodgers. There is a whole "network" of people across the province who have similar views and information to share and they are listed in this directory.

Third, are government agencies which want to make contact with people who can use their programs. They will find references to themselves and to the various user groups.

Any large directory is bound to have small mistakes and gaps, and to fall out of date as time goes on. You are invited to send in corrections, additions, and deletions to :

Lyndia Schop  
Corporate Planning and Evaluation Branch  
Ministry of Housing  
17th Floor, 771 Bay Street,  
Toronto, Ontario  
M5G 2E5

TO FIND HOUSING AND FOOD

**Mission Services .....** (416) 528-4211  
120 Cannon Street Rev. Marty Karl  
Box 368  
Hamilton, Ontario  
L8N 3C8  
(Provides shelter for men and for battered women as well as food for the needy)

**Good Shepherd Centre .....** (416) 528-9109  
135 Mary Street (416) 528-1675  
Box 1003 Brother  
Hamilton, Ontario Richard McPhee  
L8N 3R1  
(women's drop-in centre, men's residence, dormitory for transient men, dinner served at 4:00 p.m.)

**Y.M.C.A. (Downtown) .....** (416) 529-7102  
79 James Street South Bob Shrumm  
Hamilton, Ontario Resident Manager  
L8P 2Z1  
(rooms for men 18 years old and over)

**Y.W.C.A. .....** (416) 522-9922  
75 MacNab Street Lucille Yates  
Hamilton, Ontario Residence Director  
L8P 3O1  
(emergency shelter for women with female children, provides food, clothing and referral)

**Salvation Army Social Services .....** (416) 527-2755  
94 York Boulevard (416) 527-2756  
Hamilton, Ontario Brigadier  
L8R 1R6 William Carey  
(hostel and rehabilitation unit for men over 18, provides food, clothing and emergency shelter)

**Adolescent Community Care .....** (416) 524-2501  
**Program** Kathy Rankin  
56 Hess Street  
Hamilton, Ontario  
L8P 3N3  
(counselling, referral, donates furnishings, help to move, for men and women ages 16 - 21)

**Homestead Association .....** (416) 529-0454  
for Substitute Family Rudy deVies  
Living Coordinator  
326 Locke Street South  
Hamilton, Ontario  
L8P 4C6  
(rehabilitation, long-term shelter, provides food, for  
men and women 20 - 45 former psychiatric patients)

**TO GET ADVICE ON PROBLEMS**

<b>Community Information Services .....</b>	(416) 528-3951
<b>Hamilton Wentworth</b>	(416) 528-0104
155 James Street South	Carol Capling
Suite 601	Executive Director
Hamilton, Ontario	
L8P 3A4	
<b>McQuesten Legal and Community .....</b>	(416) 545-0442
<b>Services</b>	John Slinger
360A Queenston Road	Executive Director
Hamilton, Ontario	
L8K 1H9	
(Advice and client representation in landlord/tenant disputes)	
<b>Salvation Army Men's Social .....</b>	(416) 527-2755
<b>Services</b>	Brigadier
94 York Boulevard	William Carey
Hamilton, Ontario	Executive Director
L8R 1R6	

## **HOUSING ACTION GROUPS AND ASSOCIATIONS**

Canadian Mental Health Association ..... (416) 549-6910  
477 Dunsmure Road Philis Turner  
Hamilton, Ontario Director  
L8H 1G7

**Hamilton Social Planning and Research Council** ..... (416) 522-1148  
555 James Street South ..... (416) 522-1148  
Hamilton, Ontario ..... Executive Director  
L8P 3A4

**Neighbour-to-Neighbour** ..... (416) 385-5558  
668 Fennell Avenue East Sheila Caissie  
Hamilton, Ontario Director  
L8V 1V2  
(provides food and counselling for mountain residents and  
anyone unemployed below poverty line)

**United Disabled Consumers .....** (416) 529-0657  
Box 1109 Bob Smith  
Station 'A' President  
Hamilton, Ontario  
L8N 4B3  
(concerned with improving the quality of life for  
handicapped adults)

Women of Hamilton Acting ..... (416) 526-4448  
Together (W.H.A.T.) Sandra McCallum  
Support Services Division Women's Hostel  
Social Services Department Worker  
119 King Street West  
12th Floor  
Hamilton, Ontario  
L8N 3V9  
(coordinates social activity and policy development  
for issues concerning women)

**University of McMaster** ..... (416) 528-9887  
**Students' Union** ..... Kevin Huyck  
217 Hamilton Hall ..... McMaster Students'  
Hamilton, Ontario ..... Union  
L8S 4K1 ..... Vice-President

Ontario Long Term ..... (416) 544-4455  
Residential Care Association Don Sloboda  
213 Balsam Ave. S. President  
Hamilton, Ontario  
L8M 3B9

**GOVERNMENT DEPARTMENTS AND AGENCIES**

**Regional Health Unit .....** (416) 526-1441  
**Hamilton/Wentworth**  
74 Hughson Street South  
Post Office Box 897  
Hamilton, Ontario  
L8N 2A8  
Elizabeth Bourns  
Administrator

**Planning Department .....** (416) 526-2700  
**City of Hamilton**  
71 Main Street West  
Hamilton, Ontario  
L8N 3T4  
V. Abraham  
Director of Planning  
(416) 526-2700

**Social Services Department .....** (416) 526-4179  
**Region of Hamilton/Wentworth**  
119 King Street West  
Post Office Box 910  
Hamilton, Ontario  
L8N 3V9  
Norma Walsh  
Policy Advisor

**Housing and Department .....** (416) 526-4540  
**of Community Development**  
City of Hamilton  
71 Main Street West  
Hamilton, Ontario  
L8N 3T4  
John Robinson  
Co-ordinator

**Hamilton-Wentworth .....** (416) 521-7410  
**Housing Authority**  
119 King Street West  
17th Floor  
P.O. Box 2112  
Hamilton, Ontario  
L8N 3Z9  
M. Spencer  
Housing Manager

KINGSTON



TO FIND HOUSING AND FOOD

**Salvation Army Family Services** ..... (613) 544-4396  
588 Princess Street  
Kingston, Ontario  
K7L 1C7  
(short-term shelter, food, counselling)

**Kingston Friendship Homes** ..... (613) 544-1356  
273 King Street  
Kingston, Ontario  
K7L 3B1  
(a co-op housing system offering programs for  
ex-psychiatric patients to adjust to the community)

**Kingcole Homes Inc.** ..... (613) 544-2026  
780 Division Street  
Kingston, Ontario  
K7K 5S9  
(provides non-profit long-term housing for low-income families,  
referral service, counselling, non-licenced "day-care",  
available to everyone)

**Kingston Interval House** ..... (613) 546-1833  
Box 224  
Kingston, Ontario  
K7L 4V8  
(provides safe accommodation to women and children in crisis;  
provides clothing, information and referral)

TO GET ADVICE ON PROBLEMS

**Community Activity Centre .....** (613) 542-4174  
Post Office Box 426  
Kingston, Ontario  
K7L 4W2  
Viki Francis  
Program Coordinator

**Family Counselling .....** (613) 549-7850  
388 King Street East  
Kingston, Ontario  
K7K 2Y2  
Brian Howell  
Youth Worker

**Hotel Dieu Detoxification .....** (613) 549-6461  
Centre  
236 Brock Street  
Kingston, Ontario  
K7L 3H6  
Sharon Kusiar  
Director  
(treatment, assessment, referral)

**Queen's Student Community .....** (613) 545-2965  
Services Group  
51 Queen's Crescent  
Kingston, Ontario  
K7L 3N6  
Jerry Weller

## **HOUSING ACTION GROUPS AND ASSOCIATIONS**

**Senior Citizens Council .....** (613) 548-7810  
179 Queen Street  
Kingston, Ontario  
K7K 5Y2  
(legal, financial, information; people over 60 - \$5.00)

**Social Planning Council .....** (613) 542-7316  
of Kingston and District  
14 Princess Street  
Kingston, Ontario  
K7L 1A2  
(planning, non-profit housing, identifying social needs,  
evaluating delivery and impact)

**Supportive Housing .....** (613) 549-7027  
Network of Kingston  
Post Office Box 426  
Kingston, Ontario  
K7L 4W2

**Working Committee for .....** (613)  
**Emergency Shelter** John McCabe  
777-1/2 Montreal Street Member  
Kingston, Ontario  
K7K 3J4

## **GOVERNMENT DEPARTMENTS AND AGENCIES**

<b>City of Kingston .....</b>	(613) 546-4291
216 Ontario Street	Rupert Dobin
Kingston, Ontario	City Planner
K7C 2Z3	
 <b>The Working Committee .....</b>	(613) 546-1101
<b>on Supportive Services</b>	Rudolph Cox,
<b>for the Housing of</b>	M.S.W., Chairman
<b>Ex-Psychiatric Patients</b>	
136 Glencove Street	
Kingston, Ontario	
K7M 5G3	
 <b>Kingston Housing Authority .....</b>	(613) 546-5591
394 King Street East	R.J.A. Quenneville
P.O. Box 206	Housing Manager
Kingston, Ontario	
K7L 4V8	

KITCHENER/WATERLOO/GUELPH/CAMBRIDGE



TO FIND HOUSING AND FOOD

Salvation Army ..... (519) 836-9360  
20 Birmingham St. Major Hiscock  
P.O. Box 1146  
Guelph, Ontario  
N1H 6N3  
(emergency shelter for anyone, food, clothing,  
referral and counselling)

Salvation Army ..... (519) 578-3130  
657 King St. E. Major Jewer  
Kitchener, Ontario  
N2G 2M4  
(emergency shelter for men over 16, food, clothing,  
counselling and referral)

Community Mental Health ..... (519) 824-5940  
Housing Registry Mary Collins  
150 Delhi St.  
Guelph, Ontario  
N1E 6K9

University of Guelph ..... (519) 824-4120  
University Centre  
Level #3  
Guelph, Ontario  
N1G 2W1  
Blair Capes  
Assistant Director  
of Residences  
Barbara Hodson  
Campus Housing  
Officer

House of Friendship ..... (519) 742-8327  
P.O. Box 1837  
Station 'C'  
63 Charles St. E.  
Kitchener, Ontario  
N2G 4R3  
(Provides residential and support services through a  
series of hostels for men, women, youth and alcoholics,  
as well as emergency foods and other services)

**The Discovery Group .....** (519) 885-9602  
Waterloo Regional Social Dorothy McKnight  
Services  
Marsland Centre  
7th Floor  
Waterloo, Ontario  
N2J 4G6  
(Formed as a support group to improve the self-esteem  
and quality of life of women over 40 who are single,  
widowed or divorced)

**Community Information Centre .....** (519) 653-5705  
Waterloo Region  
10 Water St. N.  
Kitchener, Ontario  
N2H 2G8

**TO GET ADVICE ON PROBLEMS**

Welcome Inn ..... (519) 837-0080  
Drop-In-Centre Sister Christine  
96 Carden St.  
Guelph, Ontario Leyser  
(emergency shelter for anyone, food, clothing)

Waterloo Region Community ..... (519) 743-0254  
Legal Services Larry Skoog  
30 Francis St. S.  
Kitchener, Ontario  
N2G 2A1

K-W Counselling Services ..... (519) 743-6391  
235 King St. E. Marnie Morrow  
1st Floor  
Kitchener, Ontario  
N2G 4N5

## **HOUSING ACTION GROUPS AND ASSOCIATIONS**

<b>Canadian Mental Health .....</b>	<b>(519) 744-7645</b>
<b>Association</b>	<b>Marjorie Mank</b>
<b>179 King St. S.</b>	<b>Executive Director</b>
<b>Waterloo, Ontario</b>	
<b>N2J 1P7</b>	
<b>University of Guelph .....</b>	<b>(519) 824-4120</b>
<b>University Centre</b>	<b>Liz Kwan</b>
<b>Central Student Association</b>	
<b>Room 274</b>	
<b>Guelph, Ontario</b>	
<b>N1G 2W1</b>	
<b>Guelph United Way .....</b>	<b>(519) 821-0571</b>
<b>Social Planning Council</b>	<b>Pamela Matindale</b>
<b>61 Waterloo Ave.</b>	
<b>Guelph, Ontario</b>	
<b>N1H 3H9</b>	
<b>University of Waterloo .....</b>	<b>(519) 888-4042</b>
<b>Campus Centre</b>	<b>Matthew Erickson</b>
<b>Room 235</b>	<b>Vice President</b>
<b>Waterloo, Ontario</b>	<b>University Affairs</b>
<b>N2L 3G1</b>	
<b>Wilfred Laurier University .....</b>	<b>(519) 884-1970</b>
<b>Waterloo, Ontario</b>	<b>Brian Thompson</b>
	<b>President, Students' Union</b>

**GOVERNMENT DEPARTMENT AND AGENCIES**

**Ministry of Community and Social Services** ..... (519) 886-4700  
75 King St. S.  
5th Floor  
Waterloo, Ontario  
Marilyn Stephenson  
Area Manager

**City of Cambridge** ..... (519) 623-1340  
City Hall  
507 King St. N.  
Cambridge, Ontario  
N3H 3N4

**City of Guelph** ..... (519) 837-5616  
Planning Department  
City Hall  
59 Garden St.,  
Guelph, Ontario  
N1H 3A1  
Matt Riniers

**City of Waterloo** ..... (519) 886-1550  
Waterloo, Ontario  
Tom Slomke  
Planning Director

**Probation and Parole** ..... (519) 576-1900  
450 Frederick St.  
3rd Floor  
Kitchener, Ontario  
N2H 2P5  
Rosemary MacKenzie

**Regional Municipality of Waterloo** ..... (519) 885-9622  
Marsland Centre  
6th Floor  
Waterloo, Ontario  
N2J 4G6  
Phillip Johnston  
Commissioner, Social  
Services Department  
(519) 885-9600  
Dorothy McNight,  
Regional Social Serv.

**Youth Employment Service** ..... (519) 622-0815  
Waterloo Region  
120 Main Street  
Unit 3  
Cambridge, Ontario  
N1R 1V7  
Janet Kraft

**City Hall .....** (519) 837-5615  
9 Carden Street  
Guelph, Ontario  
N1H 3A1 Ext 370  
Mr. Steinke  
Zoning Administrator

**South Waterloo Housing Authority .....** (519) 623-2686  
9 Cambridge Street  
Cambridge, Ontario  
N1R 3R5 G. Foran  
Housing Manager

**North Waterloo .....** (519) 578-2860  
**Housing Authority** J.W. Thompson  
Victoria Hills Plaza  
101 Hazelglen Drive  
Kitchener, Waterloo  
N2G 4G1 Housing Manager

**Wellington and Guelph .....** (519) 623-2686  
**Housing Authority** K. Johnson  
292 Speedvale Avenue West  
Guelph, Ontario  
N1H 1C4 Housing Manager

LONDON



TO FIND HOUSING AND FOOD

**United Way of Greater London .....** (519) 438-1721  
409 King St. Barry Sheppard  
London, Ontario  
N6B 1S5  
(funds various organizations, provides service development;  
involved in social planning)

**Family Centre, Mission .....** (519) 673-4114  
**Services of London** Beryl Wilsher  
42 Stanley St. Branch Director  
London, Ontario  
N6C 1B1  
(to provide counselling and shelter to battered women  
and homeless families and food assistance to families  
having problems managing)

**Salvation Army Family .....** (519) 434-1651  
**Services** Harry Banfield  
330 Queen Avenue  
London, Ontario  
N6B 1X4  
(provides clothing, food, counselling, hostel for men,  
families and pensioners)

**TO GET ADVICE ON PROBLEMS**

**London Legal Clinic .....** (519) 673-4160  
121 Queens Avenue  
London, Ontario  
N6A 1H9  
  
**London Non-Profit Housing .....** (519) 433-1791  
**Registry**  
**London Urban Resource Centre**  
388 Dundas St.  
London, Ontario  
N6B 1V7  
(assists people on limited incomes in finding  
affordable accommodation; referrals, informal counselling)

**HOUSING ACTION GROUPS AND ASSOCIATIONS**

**Housing Action Committee .....** (519) 432-1801  
388 Dundas St. Sheila Davenport  
London, Ontario Chairperson  
N6B 1V7

**GOVERNMENT DEPARTMENTS AND AGENCIES**

<b>City of London .....</b>	(519) 661-4553
<b>City Hall</b>	Kathy Scanlon
300 Dufferin Avenue	Administrator
London, Ontario	(519) 661-4980
N6A 4L9	(519) 661-4980
	Ken Perry
	Director of
	Planning
 <b>London and Middlesex .....</b>	(519) 434-2765
<b>Housing Authority</b>	T. Jones
Royal Trust Building	Housing Manager
137 Dundas Street	
4th Floor	
London, Ontario	
N6A 1E9	

**OSHAWA**



TO FIND HOUSING AND FOOD

Y.W.C.A. ..... (416) 576-8880  
199 Centre St. S. Barbara Taggett  
Oshawa, Ontario Housing Director  
L1H 2A8  
(short-term shelter, counselling, food, clothing, for women  
over 16 with children)

Durham Hostel Services ..... (416) 723-8431  
381 Simcoe St. S. Ed Goerz  
Oshawa, Ontario  
L1H 4J2  
(short-term shelter for men, provides clothing, food,  
counselling, referral to anyone)

Auberge Sedna Women's ..... (416) 728-7311  
Services Joyce Killin  
Post Office Box 146  
Oshawa, Ontario  
L1H 7L1  
(emergency shelter for battered women and children,  
provides food, clothing, counselling and referral)

**TO GET ADVICE ON PROBLEMS**

**Whitby Psychiatric Hospital .....** (416) 668-5927  
P.O. Box 613  
Cottage 12  
Whitby, Ontario  
L1N 5S9  
Karen Walker  
Patient Advocate

**Community Information Centre .....** (416) 728-6233  
50 Centre St. S.  
Oshawa, Ontario  
L1H 3Z7

**Durham Legal Clinic .....** (416) 728-7321  
40 King St. W.  
Suite 306  
Oshawa, Ontario  
L1H 1A4  
Catherine Weaver

## HOUSING ACTION GROUPS AND ASSOCIATIONS

Durham Hostel Services ..... (416) 723-8431  
381 Simcoe St. S.  
Oshawa, Ontario  
L1H 4J2

John Howard Society ..... (416) 579-8482  
90 Bruce St.  
Post Office Box 951  
Oshawa, Ontario  
L1H 7N1

Auberge Sedna Women's Services ..... (416) 728-7311  
P.O. Box 146  
Oshawa, Ontario  
L1H 7L1

Social Planning Council ..... (416) 725-4774  
Whitby/Oshawa  
52 Simcoe St. S.  
Oshawa, Ontario  
L1H 4G3

Social Planning Council,..... (413) 623-7536  
Newcastle  
R.R. #4  
Bowmanville, Ontario  
L1C 3K5

Social Planning Council, ..... (416) 686-2661  
Ajax/Pickering  
132A Commercial Ave.  
Ajax, Ontario  
L1S 2H5

Housing Coalition ..... (416) 725-5146  
190 Centre St. S.  
Oshawa, Ontario  
L1H 4A6

Canadian Mental Health Association ..... (416) 728-9931  
111 Simcoe St. N.  
Oshawa, Ontario  
L1G 4S4

Linda Kydd  
Housing Supervisor  
Peggy Ridgeway  
Executive Director

**GOVERNMENT DEPARTMENTS AND AGENCIES**

**Whitby Planning Department .....** (416) 668-5803  
575 Rossland Rd.  
Whitby, Ontario  
L1N 2M8  
  
**City of Oshawa Planning .....** (416) 725-7351  
**Department**  
50 Centre St.  
Oshawa, Ontario  
L1H 3Z3  
  
**Regional Department .....** (416) 668-7731  
**of Planning**  
105 Consumers Dr.  
Box 623  
Whitby, Ontario  
L1N 6A3  
  
**Durham Non-Profit Housing .....** (416)  
40 Temperance St.  
Bowmanville, Ontario  
L1C 3A6  
  
**Youth Employment Services .....** (416) 434-5068  
66 Simcoe St. S.  
Oshawa, Ontario  
L1H 4G3  
  
**Social Services Department .....** (416) 579-0622  
50 McMillan Dr.  
Oshawa, Ontario  
L1G 3Z6  
  
**Housing Task Force .....** (416) 725-7351  
50 Centre St.  
Oshawa, Ontario  
L1H 3Z3  
Paul Rycroft  
Bryce Jordan  
  
Sheila Lahti  
Municipal Information  
Systems  
Tom Mokrzycki  
Director  
  
Dr. M. Michael  
Commissioner  
  
Diane Hamre  
Chairman  
  
Colleen Bell  
  
Garry Cubit  
Commissioner  
Ron Dancey  
Administrator of  
General Welfare  
Warren Briggs  
Adult Protective  
Services  
  
Linda Dione  
Alderman

Durham Regional ..... (416) 434-5011  
Housing Authority  
Rundle Tower  
50 Centre Street South  
4th Floor  
Oshawa, Ontario  
L1H 3Z7

R. Farrell  
Housing Manager



OTTAWA



**TO FIND HOUSING AND FOOD**

**Salvation Army .....** (613) 232-1573  
**Men's Social Service Centre**  
171 George Street  
Ottawa, Ontario  
K1N 5W5

**Union Mission For Men .....** (613) 234-1144  
35 Waller St.  
Ottawa, Ontario  
K1N 7G4

**Daybreak Non-Profit .....** (613) 236-8070  
**Shelter Corporation**  
77 Gloucester St.  
Ottawa, Ontario  
K2P 0A1

**Housing Placement,.....** (613) 237-1320  
**Ottawa YMCA-YWCA**  
180 Argyle Avenue  
Ottawa, Ontario  
K2P 1B7

**Rehabilitation Institute .....** (613) 224-1522  
**of Ottawa**  
1400 Clyde Avenue  
Suite 222  
Nepean, Ontario

**Housing Help .....** (613) 563-4532  
792A Somerset St. W.  
Ottawa, Ontario  
K1R 6R2  
(Advice on landlord-tenant problems, referrals)

**Ottawa Federation of .....** (613) 238-5141  
**Housing Co-operatives**  
200 Isabella Street  
2nd Floor  
Ottawa, Ontario  
K1S 1V7

**TO GET ADVICE ON PROBLEMS**

**Community Legal Services .....** (613) 238-7008  
(Ottawa-Carleton)  
71 Daly Avenue  
Ottawa, Ontario  
K1N 6E3

**Community Information Centre .....** (613) 238-2101  
Of Ottawa-Carleton  
18 By Ward Market  
3rd Floor  
Ottawa, Ontario  
K1N 7A1

## HOUSING ACTION GROUPS AND ASSOCIATIONS

Association Of Centretown ..... (613) 234-2917  
Tenants  
Post Office Box 65  
Station 'B'  
Ottawa, Ontario  
K1P 6C3

Federation of Ottawa- ..... (613) 594-5429  
Carleton Tenants' Associations  
P. O. Box 3347  
Station 'D'  
Ottawa, Ontario  
K1P 6H8

Ottawa Council For ..... (613) 232-2677  
Low Income Support Services  
(O.C.L.I.S.S.)  
95 Beech Street  
Ottawa, Ontario  
K1S 6H8  
(self help, referral, information for low income Ottawa-Carleton residents)

Ontario Public Interest ..... (613) 231-7112  
Research Group  
Carleton University  
Unicentre, Room 513  
Colonel By Drive  
Ottawa, Ontario

Canadian Mental Health ..... (613) 238-7266  
Association  
44 Eccles Street  
Ottawa, Ontario  
(planning and coordinating, referrals of ex-psychiatric patients)

Social Planning Council ..... (613) 236-3658  
Ottawa/Carleton  
256 King Edward Ave.  
Ottawa, Ontario  
K1N 7M1

**GOVERNMENT DEPARTMENTS AND AGENCIES**

**City Living .....** (613) 564-1241  
214 Hopewell Avenue R.A. Player  
Ottawa, Ontario Commissioner of Housing  
(non-profit housing corporation with rooming house  
projects)

**Match and Share Accommodation .....** (613) 237-5100  
c/o Regional Homes for the Aged Ext.48  
Island Lodge  
Porter's Island  
Ottawa, Ontario

**Regional Municipality .....** (613) 728-3913  
of Ottawa-Carleton Emergency Housing  
159 Forward Avenue  
Ottawa, Ontario

**Regional Municipality of .....** (613) 560-2053  
Ottawa-Carleton David Kardish  
222 Queen Street Housing Planner  
8th Floor  
Ottawa, Ontario  
K1P 5Z3

**City of Ottawa .....** (613) 564-3062  
Department of Community  
Development, Planning Branch  
City of Ottawa  
Room 506, 5th Floor  
111 Sussex Drive  
Ottawa, Ontario  
K1N 5A1

**Ottawa-Carleton Regional .....** (613) 728-1600  
Housing Authority Bob LeBreton  
1545 Carling Avenue General Manager  
Ottawa, Ontario  
K1Z 8R3

ST. CATHRINES



TO FIND HOUSING AND FOOD

**John Howard Society .....** (416) 685-5822  
127 Church Street  
St. Catharines, Ontario  
L2R 3E2  
James L. Wells

**Newark Neighbours .....** (416) 468-3417  
P.O. Box 962  
Niagara-on-the Lake, Ontario  
L0S 1J0  
Peggy Anderson

**Salvation Army Family .....** (416) 935-5560  
Service  
P.O. Box 2174  
Station 'B'  
St. Catharines, Ontario  
L2M 6P6  
Jenny Mooy

**Salvation Army Men's .....** (416) 684-7813  
Social Services Centre  
184 Church Street  
St. Catharines, Ontario  
L2R 3E7  
Major S. Jewer

**St. Vincent De Paul Society .....** (416) 685-7567  
64 Seymour Ave.  
St. Catharines, Ontario  
L2P 1A7  
Mr. & Mrs. Press

**Turning Point Ministries .....** (416) 563-7240  
P.O. Box 779  
Beamsville, Ontario  
L0R 1B0  
Larry Snider

**Wayside House .....** (416) 688-1898  
200 Queenston St.  
St. Catharines, Ontario  
L2R 2Z7  
W. H. McLennan

**Women's Place .....** (416) 684-4281  
P.O. Box 1265  
St. Catharines, Ontario  
L2R 7A7  
Gillian Dooley

**Y.M.C.A.** ..... (416) 684-4281  
P.O. Box 310  
St. Catharines, Ontario  
L2R 6V3

A. Moffat

**Brock University** ..... (416) 688-5550  
St. Catharines, Ontario  
L2S 3A1

Jamie Fleming  
Housing Department

**St. Catharines Non-Profit** ..... (416) 682-7355  
Housing Registry  
360 St. Paul St.  
St. Catharines, Ontario  
L2R 3N2

Ruth Pascoe

TO GET ADVICE ON PROBLEMS

Alcoholics Anonymous ..... (416) 685-7426  
Post Office Box 294  
St. Catharines, Ontario  
L2R 6T7

A.R.I.D. (Alcoholics Recovery ..... (416) 227-1113  
in Dignity) Keith S. Hornibrook  
175 Pine St. S.  
Thorold, Ontario  
L2V 3N5

Care-Line Inc. (Distress Centre) ..... (416) 688-3711  
P.O. Box 145  
St. Catharines, Ontario  
L2R 6R4  
Joan Baird

Design for a New ..... (416) 684-1223  
Tomorrow (416) 684-0644  
P.O. Box 1265 Gillian Dooley  
St. Catharines, Ontario  
L2R 7A7  
(counselling, referral for abused woman and abused men)

Drop-In Centre ..... (416) 682-3886  
205 Queenston St. Ellis McFarlane  
St. Catharines, Ontario  
L2R 3A5

Information Niagara ..... (416) 682-6611  
360 St. Paul St. Irene Ellis  
St. Catharines, Ontario  
L2R 3N2

#### **HOUSING ACTION GROUPS AND ASSOCIATIONS**

<b>Brock University .....</b>	<b>( 416) 688-5550</b>
St. Catherines, Ontario	Jamie Fleming
L2S 3A1	Housing Department
<b>Canadian Mental Health .....</b>	<b>( 416) 685-1144</b>
<b>Association</b>	<b>( 416) 682-1861</b>
St. Catherines and	Walt Spencer
District Branch	
1 York St.	
St. Catherines, Ontario	
L2R 6B7	
<b>St. Catherines Non-Profit .....</b>	<b>( 416) 682-7355</b>
<b>Housing Registry</b>	Ruth Pascoe
360 St. Paul St.	
St. Catherines, Ontario	
L2R 3N2	

**GOVERNMENT DEPARTMENTS AND AGENCIES**

**Ministry of Community ..... (416) 688-3022**  
**and Social Services Italo Desiri**  
Post Office Box 176  
St. Catherines, Ontario  
L2R 6S4

**Niagara Regional Social ..... (416) 685-1571**  
**Services Mary Legalin**  
2201 St. David's Rd.  
Post Office Box 1042  
Thorold, Ontario  
L2V 4T7

**Niagara North Housing ..... (416) 682-9201**  
**Authority D. Reicheld**  
71 King St.  
St. Catherines, Ontario  
L2R 7A7

**Central Niagara ..... (416) 734-4548**  
**Housing Authority S. Kalmuk**  
266 Division Street  
P.O. Box 727  
Welland, Ontario  
L3B 5R5  
Housing Manager



**SAULT STE. MARIE**



TO FIND FOOD AND HOUSING

Women In Crisis ..... (705) 759-1230  
173 March Street Susan Conway  
Sault Ste. Marie, Ontario  
P6A 2Z6  
(provides emergency shelter and counselling for  
battered women)

**TO GET ADVICE ON PROBLEMS**

**Algoma Community Legal Clinic .....** (705) 942-4900  
123 March Street  
Suite 503  
Sault Ste. Marie, Ontario  
P6A 2H5  
Ron Cronkhite

**Sault Ste. Marie .....** (705) 949-6565  
**Information Centre**  
8 Albert Street West  
Sault Ste. Marie, Ontario  
P6A 2H6

**Indian Friendship Centre .....** (705) 256-5634  
29 Wellington Street East  
Sault Ste. Marie, Ontario  
P6A 2K9  
Marilyn Lambert  
Executive Director

**Unemployed Worker's Council .....** (705) 253-2774  
3 Queen Street East  
Sault Ste. Marie, Ontario  
P6A 1Y4  
Desmond Beck

**Family Services Centre .....** (705) 759-2756  
421 Bay Street  
Suite 603  
Sault Ste. Marie, Ontario  
P6A 1X3  
David B. Rivard  
Executive  
Director

## GOVERNMENT DEPARTMENTS AND AGENCIES

Social and Family Services ..... (705) 949-8052  
Box 580 John Maccarone  
Sault Ste. Marie, Ontario  
P6A 1N5

Social Planning Council ..... (705) 256-7476  
8 Albert Street East Susan Boston  
Sault Ste. Marie, Ontario  
P6A 2H6

Algoma District Housing Authority ..... (705) 254-7166  
Post Office Box 445 Mr. Huckson  
Sault Ste. Marie, Ontario  
P6A 5M1

Social Services Department ..... (705) 759-5266  
99 Foster Drive Mr. J. Flesher  
Box 580 Director  
Sault Ste. Marie, Ontario  
P6A 1N5

City of Sault Ste. Marie, ..... (705) 759-5326  
Development Division Jerry Duffy  
99 Foster Drive Director  
Sault Ste. Marie, Ontario  
P6A 5N1

Ministry of Community ..... (705) 949-8052  
and Social Services John Rabeau  
473 Queen Street East  
Second Floor  
Suite 202  
Sault Ste. Marie, Ontario  
P6A 5K9

Planning Department, ..... (705) 759-5368  
City of Sault Ste. Marie John Bain  
99 Foster Drive  
Sault Ste. Marie, Ontario  
P6A 5N1

Building Division, ..... (705) 759-5910  
City of Sault Ste. Marie Mr. A. Holley  
Box 580  
Civic Centre  
Sault Ste. Marie, Ontario  
P6A 5N1

**Canadian Mental Health .....** (705) 759-0458  
**Association** Sister Liala Grekko  
**120 Brock Street**  
**Sault Ste. Marie, Ontario**  
**P6A 3B5**

**Algoma Health Unit .....** (705) 759-5917  
**99 Foster Drive** Trudy Donovan  
**Sault Ste. Marie, Ontario** Nursing Section  
**P6A 5N1**

SUDBURY



TO FIND HOUSING AND FOOD

Regency Residence ..... (705) 522-8210  
1315 Regent St. S. Carolyn Mitroff  
Sudbury, Ontario Administrator  
P3E 3Z1  
(residential care for senior citizens over 65,  
food and nursing)

Sudbury Hostel ..... (705) 673-5225  
380 Lloyd St. Jose Cariati  
Sudbury, Ontario

Saint Leonard Society ..... (705) 858-1220  
Community Residential Centre Mr./Mrs. Dotto  
112 Riverside Drive  
Sudbury, Ontario  
P3E 1G8

La Patx ..... (705) 674-8664  
111 Larch St.  
6th Floor  
Sudbury, Ontario  
P3E 4T5

Crisis Housing Liaison ..... (705) 673-4792  
Project Diane Forth  
502 Kathleen St. Project Manager  
Sudbury, Ontario  
P3C 2M9  
(referral)

Salvation Army ..... (705) 675-7972  
Box 847 Ruth Lambert  
Sudbury, Ontario Family Services  
P3E 4F1

Sudbury Y.W.C.A. ..... (705) 674-2210  
Genevra House  
224 Elm St. W.  
Sudbury, Ontario  
P3C 1V3  
(emergency shelter for battered women and children, food,  
clothing, counselling and referral)

**TO GET ADVICE ON PROBLEMS**

Sudbury Community Legal Services ..... (705) 674-3200  
45 Elm St. E. Mr. Marcel  
Suite 401 Castonguay  
Sudbury, Ontario  
P3C 1S2

## HOUSING ACTION GROUPS AND ASSOCIATIONS

**United Tenants, Association .....** (705) 674-5433  
185 Cedar St.  
Sudbury, Ontario  
P3E 1C3

**Native People of .....** (705) 674-9996  
**Sudbury Development**  
68 Xavier St.  
Sudbury, Ontario  
P3C 2B9  
(housing geared to income native people)

**United Way .....** (705) 675-3330  
30 Cedar St.  
Sudbury, Ontario  
P3E 1A4  
Mr. Grassby

**Crisis Housing Liaison .....** (705) 673-4792  
**Project** Ms Diane Forth  
c/o Neighbourhood Housing  
Project  
502 Kathleen Street  
Sudbury, Ontario  
P3C 2N5

**GOVERNMENT DEPARTMENTS AND AGENCIES**

**District Social Services .....** (705) 675-2411  
Box 190 Harold Duff  
Sudbury, Ontario Director  
P3E 4N5

**Civic Centre Square .....** (705) 674-3141  
200 Brady St. S. Patterson  
Sudbury, Ontario Administrator  
P3E 1E1

**Sudbury District Housing Authority .....** (705) 674-8323  
East Tower A. R. Grigor  
200 Elm Street Housing Manager  
Suite 401  
Sudbury, Ontario  
P3C 5N3

TORONTO



TO FIND HOUSING AND FOOD

**Good Neighbours Club .....** (416) 366-5377  
170 Jarvis St. (at Shuter)  
Toronto, Ontario  
M5B 2B7  
(food and counselling for men over 50)

**Good Shepherd - Brothers .....** (416) 869-3619  
412 Queen St.  
Toronto, Ontario  
M5A 1T3  
(60 beds and breakfast for single men, hot meals for  
men and women, counselling)

**Open Door Centre .....** (416) 366-4319  
315 Dundas Street East  
Toronto, Ontario  
M5A 2A2  
(light snacks for men and women over 16, counselling)

**Salvation Army Drop- .....** (416) 368-0324  
In Centre  
259 Victoria Street  
Toronto, Ontario  
M5B 1T8  
(light snacks at low cost for anyone over 16, counselling)

**Scott Mission .....** (416) 924-4437  
502 Spadina  
Toronto, Ontario  
M5S 2H1  
(coffee and refreshments, hot meals for men and women,  
groceries, clothing, counselling)

**Cawtra Square Cafe .....** (416) 923-2778  
519 Church St.  
Toronto, Ontario  
M4Y 2C9

**Evangel Hall .....** (416) 363-3563  
573 Queen St. W.  
Toronto, Ontario  
M5V 2B6  
(groceries for families only, counselling)

**City Shelter .....** (416) 960-9240  
349 George St.  
Toronto, Ontario  
M5A 2N2  
(low cost, short-term shelter for men over 21)

**Dixon Hall Shelter .....** (416) 947-7250  
30 St. Lawrence St.  
Toronto, Ontario  
M5A 3N1  
(personal counselling)

**Fred Victor Mission .....** (416) 364-8228  
147 Queen St. E.  
Toronto, Ontario  
M5A 1S1  
(temporary shelter for youth over 16, provides clothing)

**Overnight Drop-In Centre .....** (416) 368-8179  
315 Dundas St. E.  
Toronto, Ontario  
M5A 2A2

**Salvation Army .....** (416) 366-2733  
135 Sherbourne St.  
Toronto, Ontario  
M5A 2R5  
(temporary shelter for single men, hot meals)

**Single Men's Residence .....** (416) 964-7323  
319 - 335 George St. (416) 367-8600  
Toronto, Ontario  
M5A 2N2

**Y.M.C.A. .....** (416) 921-5179  
40 College St. Ext. 29  
Toronto, Ontario  
M5G 1K2  
(job counselling 55 and over)

**Under 21 .....** (416) 593-4849  
179 Gerrard St. E.  
Toronto, Ontario  
M5A 2E5  
(short-term shelter, food, clothing, referral counselling  
for men and women under 21)

**Anduhyaun .....** (416) 920-1492  
106 Spadina Road  
Toronto, Ontario  
M5R 2T8  
(temporary shelter for single women)

**Nellie's Hostel .....** (416) 461-1084  
275A Broadview Ave.  
Toronto, Ontario  
M4M 2G6  
(temporary shelter for women and children, counselling)

**All Saints Church .....** (416) 368-8179  
315 Dundas St. E.  
Toronto, Ontario  
M5A 2A2  
(temporary shelter for single women and men)

**Peggy Ann Walpole .....** (416) 923-5266  
295 Sherbourne St.  
Toronto, Ontario  
M5A 2R9  
(temporary shelter for single women with children)

**Rendu House .....** (416) 864-0792  
242 Church St.  
Toronto, Ontario  
M5B 1Z2  
(emergency shelter for single women)

**Stop 86 (YWCA) .....** (416) 922-3271  
86 Madison Ave.  
Toronto, Ontario  
M5R 2S4  
(emergency shelter for women 16 to 25)

**Street Haven .....** (416) 967-6060  
87 Pembroke St.  
Toronto, Ontario  
M5A 2N9  
(shelter for single men, provides hot meals, clothing  
counselling)

**Women in Transition .....** (416) 976-5227  
143 Spadina  
Toronto, Ontario  
M5V 2K8  
(temporary shelter for women with children)

**Family Residence .....** (416) 363-8475  
674 Dundas St. W.  
Toronto, Ontario  
M5T 1H9  
(temporary shelter for families with or without children  
at least one family member must be 16 and over)

**Transition House .....** (416) 925-4531  
162 Madison  
Toronto, Ontario  
M5R 2S5  
(short term shelter small fee for men over 16, food)

**Interval House .....** (416) 924-1491  
596 Huron St.  
Toronto, Ontario  
M5R 2R7  
(temporary shelter for battered women with children)

**Salvation Army .....** (416) 762-9636  
**Evangeline Residence**  
2808 Dundas St. W.  
Toronto, Ontario  
M6P 1Y5  
(short-term shelter for women over 16, provides food,  
clothing, referral and counselling)

**Toronto Community Hostel .....** (416) 925-4431  
191 Spadina Rd.  
Toronto, Ontario  
M5R 2T9  
(temporary shelter for single women and women with children  
also assists fathers)

**Red Door Family Shelter .....** (416) 469-4123  
875 Queen St. E.  
Toronto, Ontario  
M4M 1J2

**Jewish Information Services .....** (416) 635-5600  
**Housing Registry**  
4600 Bathurst St.  
Suite 345  
Toronto, Ontario  
M2R 3Z2  
(accommodation registry open to anyone, counselling for  
youth and adults)

TO GET ADVICE ON PROBLEMS

Catholic Family Services ..... (416) 362-2481  
67 Bond St.  
Fourth floor  
Toronto, Ontario  
M5B 1X4  
(short-term shelter for battered women, counselling)

Hassle-Free Clinic ..... (416) 922-0603 (men)  
556 Church St. (416) 922-0566 (women)  
Toronto, Ontario  
M4Y 2E2

The Academy of Medicine ..... (416) 922-1134  
288 Bloor St. W.  
Toronto, Ontario  
M5S 1V8

Addiction Research ..... (416) 595-6000  
Foundation (416) 595-6360  
33 Russell St.  
Toronto, Ontario  
M9P 3G9

Community Resources ..... (416) 482-4103  
Centre  
120 Eglinton Ave. E.  
Suite 200  
Toronto, Ontario  
M4P 1E2  
(provides referral and information)

Advocacy Resource Centre ..... (416) 482-8255  
for the Handicapped  
40 Orchard View Blvd.  
Suite 255  
Toronto, Ontario  
M4R 1B9  
(legal service for handicapped and blind)

Info Downsview ..... (416) 633-1067  
c/o Jane Jr. High School Joyce Rosemay  
4505 Jane St.  
Downsview, Ontario  
M3N 2K7  
(community information and referral, publishes directory  
of local services)

**Community Info Fairview .....** (416) 493-0753  
Post Office Box 2273  
1800 Sheppard Ave. E.  
North York, Ontario  
M2J 4G6  
(information, referral, babysitting, day-care registry,  
odd-job registry and legal aid)

**Community Info Centre .....** (416) 863-0505  
of Metro Toronto  
34 King St. E.  
Third floor  
Toronto, Ontario  
M5C 1E5  
(Metro-wide information and referral)

**Neighbourhood Info Centre .....** (416) 698-1626  
91 Bavington Ave.  
Toronto, Ontario  
M4C 4Y9  
(community information and referral, youth employment)

**Bloor Info and Legal .....** (416) 531-4613  
Services  
835 Bloor St. W.  
Toronto, Ontario  
M6G 1M1  
(advice and referral to government and community services)

**Neighbourhood Info Post .....** (416) 924-2513  
265 Gerrard St. E.  
Toronto, Ontario  
M5A 2G3  
(community information and referral, odd-job registry,  
babysitting and home day-care)

**Central Toronto Community .....** (416) 363-0304  
Legal Clinic  
364 Bathurst St.  
Toronto, Ontario  
M5T 2S6  
(legal services to low-income residents: Spadina to  
Ossington and Lake Ontario to Bloor Street)

**East Toronto Community** ..... (416) 461-8102  
**Legal Service** Richard Futh  
930 Queen St. E.  
Toronto, Ontario  
M4M 1J5  
(legal services to low-income residents: City limits  
to Don River and Lake Ontario to Danforth)

**Jane/Finch Community** ..... (416)  
Legal Services Linda Geurke  
1977 Finch Ave. W.  
Downsview, Ontario  
M3M 2V3  
(legal services to low income residents: Keele Street  
to Humber River and Falstaff Avenue to Steeles)

**Landlord Self-Help Centre** ..... (416) 532-7558  
110 Atlantic Ave. Susan Young  
Toronto, Ontario  
M6K 1X9

**Neighbourhood Legal** ..... (416) 961-2625  
**Services** Joana Kuras  
238 Carlton St.  
Toronto, Ontario  
M5A 2L1  
(legal services to low income residents: Don River to  
Yonge Street and Toronto Island to Bloor/Danforth)

**Parkdale Community Legal** ..... (416) 531-2411  
**Services**  
1239 Queen St. W.  
Toronto, Ontario  
M6K 1L5  
(legal services to low income residents: Ossington to  
High Park and Lake Ontario to Bloor Street)

**Scarborough Community Legal** ..... (416) 438-7182  
**Services** Barbara Hurd  
695 Markham Rd.  
Suite 9  
Scarborough, Ontario  
M1H 2A4  
(legal services to low income residents: Scarborough)

**Tenant Hotline .....** (416) 656-5500  
1215 St. Clair Ave. W. Valerie Varah  
Toronto, Ontario  
M6C 1B5  
(legal advice concerning landlord/tenant matters)

**York Community Service .....** (416) 653-5400  
1651 Keele St. Joan Milling  
Toronto, Ontario  
M6M 3W2  
(food vouchers to single mothers with children)

**Metro Toronto .....** (416) 366-4686  
Rehabilitation & Industrial Mrs. Major Maysie  
Services Howse  
496 Richmond St. W.  
Toronto, Ontario  
M5V 1Y2

**Salvations Army .....** (416) 366-4689  
Men's Rehabilitation Maj. Maxwell Hale  
Centre  
516 Richmond St. W.  
Toronto, Ontario  
M5V 1Y2  
(short-term shelter to men, food, clothing, counselling  
and referral)

**Y.M.C.A. of Canada .....** (416) 593-9886  
80 Gerrard St. E. Diane J. Baird  
Toronto, Ontario  
M5B 1G6

**The Ontario Legal Aid Plan .....** (416) 979-1446  
481 University Ave.  
Suite 200  
Toronto, Ontario  
M5G 2G1  
(provides legal aid certificates)

**Community Services Office .....** (416)  
20 Gordon Ridge Place Henry Rowsell  
Scarborough, Ontario  
M1K 4H5

**Family Services Office** ..... (416) 366-1335  
100 Lombard St.  
Suite 111  
Toronto, Ontario  
M5C 1M3  
Gordon Bobbitt

**Toronto Y.W.C.A.** ..... (416) 923-8454  
**Woodlawn Residence**  
80 Woodlawn Ave.  
Toronto, Ontario  
M4T 1C1  
(provides permanent housing for females 16 to 35)  
Mrs. M. Tselepis

**Toronto Y.W.C.A.** ..... (416) 922-3578  
86 Madison Ave.  
Toronto, Ontario  
M5R 2S4  
Mrs. Maureen Adams

**Junction Community Info** ..... (416) 534-3561  
**Centre**  
1589 Dupont St.  
Toronto, Ontario  
M6P 3S5  
(registry for babysitting, income tax clinic, community information and referral)

**Flemington Neighbourhood Services** ..... (416) 424-2900  
747 Don Mills Rd.  
Unit 112  
North York, Ontario  
M3C 1T2  
(food for men, women and children, clothing for children, maternity wear, winter coats for men, women and children)  
Simon Mielniczuk

**Salvation Army Social Services** ..... (416) 281-5028  
Post Office Box 4021  
Station "A"  
Toronto, Ontario  
M5W 2B1  
Lt. Col. Bruce Halsey  
Secretary

**Good Shepherd Refuge** ..... (416) 869-3619  
412 King St. E.  
Toronto, Ontario  
M5A 1T3  
(counselling)  
Rudy Mumm  
Community Worker

**Clark Institute of ..... (416) 979-2220**  
**Psychiatry**  
**250 College St.**  
**Toronto, Ontario**  
**M5T 1R8**  
**(counselling for men, women and children)**

**Family Services Association ..... (416) 922-3126**  
**of Metro Toronto**  
**22 Wellesley St. E.**  
**Toronto, Ontario**  
**M4Y 1G3**  
**Robert Couchman**  
**Executive Director**

**Sharing ..... (416) 591-1657**  
**339 Bloor St. W.**  
**Suite 212**  
**Toronto, Ontario**  
**M5S 1W8**

**York Housing Registry ..... (416) 653-5400**  
**1651 Keele Street**  
**Toronto, Ontario**  
**M6M 2W2**  
**Rob Barrett**  
**Housing Coordinator**

**East York Flemingdon ..... (416) 424-2900**  
**Park Housing Registry**  
**c/o Flemingdon Neighbourhood**  
**Services**  
**747 Don Mills Road**  
**Suite 112**  
**Toronto, Ontario**  
**M2C 1T2**

## HOUSING ACTION GROUPS AND ASSOCIATIONS

**Parkdale Community Legal Services** ..... (416) 531-2411  
1239 Queen St. W.  
Toronto, Ontario  
M6K 1L5

Sue Campbell

**Social Planning Services** ..... (416) 961-9831  
**Metro Toronto**  
950 Yonge St.  
Toronto, Ontario  
M4W 2J4

Ed Pennington

**Salvation Army Single Men's Hostel** ..... (416) 366-2733  
135 Sherbourne St.  
Toronto, Ontario  
M5A 2R5  
(short-term accommodation, food, clothing, referral,  
single men over 20)

Maj. Glen McCaughey

**Homes First Society** ..... (416) 362-2827  
315 Dundas St. E.  
Toronto, Ontario  
M5A 2A2  
(long-term housing for low income singles over 18)

**Homes First Society** ..... (416) 364-9224  
90 Shuter St.  
Toronto, Ontario  
M5B 2K4  
(permanent accommodation for low income singes)

**Cooperative Housing Federation of Toronto Inc.** ..... (416) 598-1641  
299 Queen St. W.  
Suite 400  
Toronto, Ontario  
M5V 1Z9

Dorothy Brown,  
President

**Metro Toronto Singles Housing Corporation** ..... (416) 484-7155  
110 Eglinton Ave. E.  
Toronto, Ontario  
M4P 2Y1

Don Richmond,  
President

**Canadian Mental Health Association** ..... (416) 789-7957  
Metro Toronto Branch  
3101 Bathurst St.  
Fifth floor  
Toronto, Ontario  
M6A 2A6

Steve Lurie

**Houselink Community Homes** ..... (416) 968-0212  
509 Bloor St. W.  
Second floor  
Toronto, Ontario  
M5S 1Y2

(group homes for single adult ex-psychiatric patients)

**Friends of Shopping Bag Ladies** ..... (416) 928-3331  
416 Dundas St. E.  
Toronto, Ontario  
M5A 2A8

(short-term accommodation for elderly ladies, provides food, clothing, referrals)

**Supportive Housing Coalition** ..... (416) 364-5917  
134 Lower Sherbourne St.  
Toronto, Ontario  
M5A 4J4

David White  
Communications  
Advisor

**North York Women's Shelter** ..... (416) 635-9630  
Post Office Box 1038  
Station "B"  
Toronto, Ontario  
M3H 5Z5

(temporary shelter for women with children)

**House Rights** ..... (416) 534-7641  
1080A College St. W.  
Toronto, Ontario  
M6H 1B3

Vicky Sanders

(provides counselling and referrals for ex-psychiatric patients)

Parkdale Activity and ..... (416) 537-2591  
Recreation Centre  
1499 Queen St. W.  
Toronto, Ontario  
M6R 1A3  
(recreation for ex-psychiatric patients)

Single Displaced Persons  
Project  
c/o 187 Queen St. E.  
Toronto, Ontario  
M5A 1S1

Philippino Housing  
Registry  
418B Parliament St.  
Toronto, Ontario  
M5A 3A2

Polish Immigrant Aid ..... (416) 979-9634  
Centre  
206 Beverly St.  
Toronto, Ontario  
M5T 1Z3  
(provides referral, information and translating services)

Woodgreen United Church ..... (416) 588-4400  
c/o Refugee Housing Project Gloria Nafziger  
875 Queen St. E.  
Toronto, Ontario  
M4M 1J2  
(provides food, clothing for anyone)

Centre for Spanish-speaking People ..... (416) 533-8545  
582A College St.  
Toronto, Ontario  
M6G 1B3  
(provides referral and information)

**GOVERNMENT AGENCIES AND DEPARTMENTS**

**Municipality of .....** (416) 392-8211  
Metro Toronto  
City Hall  
100 Queen Street West  
Toronto, Ontario  
M5H 2N1  
J. Brown  
Director of Planning

**City Of North York .....** (416) 224-6411  
5100 Yonge Street  
North York, Ontario  
M2N 5V7  
D. Newman  
Director of Planning

**City of Toronto .....** (416) 392-8211  
100 Queen Street West  
Toronto, Ontario  
M5H 2N2  
D. Baxter  
Director of Planning

**City of East York .....** (416) 461-9451  
550 Mortimer Avenue  
Toronto, Ontario  
M4J 2H2  
B. J. Morrison  
Director of Planning

**City of Etobicoke .....** (416) 626-4161  
Civic Centre  
Toronto, Ontario  
M9C 2Y2  
K. J. Whitwell  
Director of Planning

**Borough of Scarborough .....** (416) 296-7111  
Civic Centre  
150 Borough Drive  
Scarborough, Ontario  
M1P 4N7  
L. V. McCool  
Director of Planning

**City of York .....** (416) 394-2700  
2700 Eglinton Ave. W.  
Toronto, Ontario  
M6M 1V1  
L. V. McCool  
Director of Planning

**Open Door Rooms Registry .....** (416) 366-4319  
315 Dundas St. E.  
Toronto, Ontario  
M5A 2A2

**Metro Toronto Housing Authority .....** (416) 928-4940  
1320 Yonge Street  
Toronto, Ontario  
M4T 2E4  
Douglas G. Wells  
General Manager



WINDSOR



TO FIND HOUSING AND FOOD

**United Way of Windsor .....** (519) 258-3033  
1695 University Avenue East Kirby Breithaupt  
Windsor, Ontario Executive Director  
N9B 1C3  
(provides funding to 52 agencies and referral service)

**Salvation Army Men's Services .....** (519) 253-6359  
349 Chatham St. E. Major Goddard  
Windsor, Ontario  
N9A 5P9  
(short term lodging for males over 19, food,  
clothing and counselling)

**TO GET ADVICE ON PROBLEMS**

**Legal Assistance of Windsor .....** (519) 256-7831  
85 Pitt St. E. Michael Waters  
Windsor, Ontario  
N9A 1V3

**Community Information .....** (519) 253-6351  
**Program** Beatrice Sheehan  
**United Way Building**  
1695 University Ave. E.  
Unit 'E'  
Windsor, Ontario  
N9B 1C3

**GOVERNMENT DEPARTMENTS AND AGENCIES**

**Windsor Social Services .....** (519) 255-5200  
755 Louis Ave.  
Windsor, Ontario  
N9A 1X7  
Mrs. Dana Howe  
Director

**City of Windsor Property .....** (519) 255-6500  
and Housing Department  
68 Chatham St. E.  
P. O. Box 1607  
Windsor, Ontario  
N1A 6S1  
Jack Boyer, Director  
(519) 255-6301  
Ken McArthur  
Assistant Director

**Windsor City Hall .....** (519) 255-6315  
City Hall Square  
Windsor, Ontario  
N9A 6S1  
Dorothy Kibble  
Secretary to Mayor



**DIRECTORY OF DIRECTORIES**



Author unnamed. Y.W.C.A./Y.M.C.A. of Canada Residence Directory.  
Toronto: National Council of Canada, 1986.

Available from:                   National YMCA Council of Canada  
   2160 Yonge Street  
   Toronto, Ontario  
   M4S 2A1  
   (416) 485-9447

Author unnamed.    Directory of Community Information Centres  
Guelph:   Community Information Centres in Ontario, 1986.

Available from:                   Community Information Centres  
   in Ontario  
   89 Wyndham St.  
   Guelph, Ontario  
   N1H 4E9  
   (519) 836-2511

Author unnamed.    List of Social Planning Councils in Ontario.  
Toronto: Ontario Social Development Council, 1986.

Available from:                   Ontario Social Development Council  
   60 Bloor Street West  
   Suite 208  
   Toronto, Ontario  
   M4W 3B8  
   (416) 961-4771

Author unnamed.    Disposition of Forces Directory. Toronto:  
The Salvation Army Headquarters for Canada, no date.

Available from:                   The Salvation Army Headquarters  
   For Canada  
   P.O. Box 4021  
   Postal Station "A"  
   Toronto, Ontario  
   M5W 2B1

Author unnamed.    Community Legal Services Directory. Toronto:  
Legal Aid Provincial Administrative Offices, no date.

Available from:                   Legal Aid Provincial Administrative  
   Offices  
   481 University Avenue  
   Toronto, Ontario  
   M5G 2G1

Burge, P., Cangrano J. and Williams L. Connections.  
Toronto: Community Resource Consultants  
of Toronto, 1984.

Available from:      Community Resource  
                          Consultants of Toronto  
                          120 Eglinton Avenue  
                          Toronto, Ontario  
                          M4P 1E2

Author unnamed:      Master Contact List of Community Groups in  
Ottawa-Carleton. Ottawa: Regional Municipality of Ottawa  
Carleton, 1985.

Available from:      Regional Municipality of Ottawa -  
                          Carleton.  
                          222 Queen Street  
                          8th Floor  
                          Ottawa, Ontario  
                          K1P 5Z3  
                          (613) 745-0073

Author unnamed:      Ottawa-Carleton Housing Directory. Ottawa:  
The Regional Municipality of Ottawa - Carleton Planning  
Department, 1984.

Available from:      Regional Municipality of Ottawa -  
                          Carleton.  
                          222 Queen Street  
                          8th Floor  
                          Ottawa, Ontario  
                          K1P 5Z3  
                          (613) 745-0073